



Mrs F Wadsley, Headteacher

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#### Welcome to our SEND newsletter

Welcome to Our Lady's latest SEND news letter, designed to shares updates and information regarding special educational needs and disability, both at our school and in the community.

Should you require any further information, or if you would like an appointment to discuss your child, please contact the school office and I will be happy to help.

Mrs Thompson SENCO

#### **World Mental Health Day**

Our school community came together on Thursday October 10<sup>th</sup> to celebrate World Mental Health day!



Each class was allocated a colour representing an emotion. During morning lessons, we investigated what causes us to feel the emotion, before learning techniques to help us





The theme of the afternoon was 'connect'. We enjoyed moving around different classrooms experiencing a range of activities which allowed us to connect with children in other year groups. A great day, increasing awareness of mental health and wellbeing, was enjoyed by all!

# SEND Frequently Asked Questions

#### What is the Local Offer?

Since September 2014, every local authority has been required to publish information about services available in their area for children and young people from birth to 25 who have Special Educational Needs or Disabilities, and also services outside of the area which they expect children and young people from their area will use. This is known as the "Local Offer".

Support offered includes:

Education
Health
Help and advice
Leisure
Financial advice
Preparing for adulthood
Social care
Travel and transport



# nottshelpyourself.org.uk

## **Meet our Wellbeing Warriors**



Six of our children have been selected to create a new leadership team in school, called the 'Wellbeing Warrors!'.

Each child was chosen because staff feel they can offer the skills and qualities needed to promote happiness, positive thinking and wellbeing in our school community. Their first task was to help Mrs Thompson plan our World Mental Health Day celebrations. They did an amazing job and we look forward to working together on future projects. Well done to all the team!

Y1 - Nikola Malysza

Y2 - Rohan Gibbons

Y3 - Rueben Morley

Y4 – Novia Shah-Dexter

Y5 – Sarah Mathew

Y6 - Enya-Rois Broomhead





# **Winter Community Activities**

#### Parent/Carer Drop In Sessions

Please see below for a flyer advertising free drop in sessions offered by the SEND team at Nottingham City Council. These sessions provide parents of children with ASD, or other additional needs, an opportunity to connect with other parents and gain support from SEND staff who lead the sessions.



#### PARENT/CARER DROP IN **SESSIONS**

- **26th September**
- 17th October
- **28th November**
- 19th December



10:00 - 12:00pm

#### At Homemade Cafe

Forest Recreation Ground. Mansfield Road, Nottingham NG5 2BU

This is a peer support session where you can meet with other parents and carers to gain sign posting advice and support

FOR PARENTS/CARERS OF CHILDREN/YOUNG PEOPLE UP TO THE AGE OF 25 WITH AUTISM AND/OR A LEARNING DISABILITY











#### Planet Bounce SEND Sessions

Planet Bounce offer relaxed sessions for children who would benefit from a more calming, quietier atmosphere.

Sessions are offered on selected Sunday mornings 9am-10am and Wednesday evenings 5pm-6pm. The lighting and volume of music are adjusted and the sessions run with a significantly lower amount of participants.

Contact details to book:

Web:www.planetbounceinflatablepark.com

Telephone: 0115 9881 745





#### **Autism Friendly Santa Experience**

Matlock Farm Park are proud to be offering an Autism Friendly Santa Experience this Christmas. Sessions will be held on Sunday 24<sup>th</sup> November and Saturday 30<sup>th</sup> November. Benefits for child with additional needs include:

- Use of a sensory transition room
- Support from Autism trained staff
- An opportunity to meet Santa outdoors, or in a location the child is comfortable with
- A meet and greet service
- A chance to meet Santa during less busy periods

Pre-booking is essential and tickets are anticipated to sell out

Visit www.matlockfarmpark or telephone: 01246 590 200 for further details





### Clip n Climb for children with **Additional Needs**

Clip N Climb Nottingham, have combined Family & Toddler sessions with SEN sessions, as they both are the same structure with lower capacity, every Saturday and Sunday morning. These sessions are tailor made to help support and encourage participants.

Contact details for further information and bookings:

Web: www.clipnclimbnottingham.co.uk Telephone: 0115 8227120







A final thought....

EVERY CHILD is a different KIND OF flower and all together make this world a Beautiful gaRDEN.