

## Prayer Progression at Our Lady's School

Prayer is such an important part of daily life at Our Lady of Perpetual Succour. Appropriate to their age and capacity, we strive to give pupils a detailed understanding of the wide variety of ways of praying that are part of the Catholic tradition, both traditional and spontaneous. This includes the use of scripture, symbol, silence, meditation, reflection and liturgical music.

Below is a list of the prayers we introduce at each stage for the children to learn and know.



EYFS	Key Stage 1	Key Stage 2
<p> <b>Sign of the Cross</b>  <b>School Prayer</b>  <b>Morning Prayer</b>  <b>Lunchtime Prayer</b>  <b>End of day Prayer</b>  <b>Hail Mary</b>  <b>Our Father</b>  <b>Greeting the Gospel</b> </p>	<p> <b>Glory Be (1)</b>  <b>Virtues Prayer (1)</b>  <b>Eternal Rest (2)</b> </p> <p>(in addition to Nursery and Reception prayers)</p>	<p> <b>Angelus (3)</b>  <b>Act of Contrition (3)</b>  <b>I Confess (4)</b>  <b>The Gloria (4)</b>  <b>The Magnificat (5 / 6)</b>  <b>The Apostles' Creed (6)</b> </p> <p>(in addition to Nursery &amp; Reception and KS1 prayers)</p> <p>Prayers at Mass:</p> <ul style="list-style-type: none"> <li>-Penitential Rite</li> <li>-Glory to God (Gloria)</li> <li>-Offertory prayers</li> <li>-Lamb of God</li> <li>-Holy, Holy, Holy</li> </ul>