

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Beef Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Cowboy Pie
 Mash topped Sausage & Bean Pie with Carrots

Roast Chicken Sage & Onion Stuffing
 Crispy Roasties & Fresh Veggies & Gravy

Beef Lasagne
 Oven Baked Potato Wedges & Sweetcorn

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Veggie Cowboy Pie
 Mash topped Veggie Sausage & Bean Pie with Carrots

CheesePuff Pastry Roll
 Crispy Roasties & Fresh Veggies & Gravy

Veggie Lasagne
 Oven Baked Potato Wedges & Sweetcorn

Baked Beans & Vegetable Fingers
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top

Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 with a Choice of Tasty Toppings

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 with a Choice of Tasty Toppings

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 with a Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

Golden Syrup Sponge

Pineapple Upside Down Cake

Chewy Flapjack

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY

Choice of salad & Fresh fruit



Week One

Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Meat Free Monday!
 Choose either our tasty Margherita Pizza or our Veggie Supreme Served with Pasta Salad & Mixed Crudites

Classic Beef Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Roasted Gammon Joint
 Crispy Roasties, Fresh Veggies & Gravy

Not So Spicy Chicken Tikka Masala
 Wholegrain Rice, Turmeric Carrots & Peas

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Super Veggie Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Veggie Sausage & Root Veg Traybake
 Crispy Roasties, Fresh Veggies & Gravy

Vegetable Fajita
 With Wholegrain Rice, Turmeric Carrots & Peas

Baked Beans & Vegetable Fingers
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top

Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 with a Choice of Tasty Toppings

Crispy Skin Jacket Potatoes
 with a Choice of Tasty Toppings

Crispy Skin Jacket Potatoes
 with a Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Jelly & Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY

Choice of salad & Fresh fruit



Week Two

Autumn / Winter 2022 / 23
 19/9, 10/10, 31/10, 21/11,
 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



<p>Ham Pizza Melt Baguette with Wholegrain Pasta & Sweetcorn Salad</p>	<p>Toad in the Hole with Creamy Mash, Green Beans & Gravy</p>	<p>Roast Chicken & Sage & Onion Stuffing with Crispy Roasties & Fresh Veggies & Gravy</p>	<p>Homemade Chicken Nuggets with Oven Baked Wedges & Broccoli</p>	<p>Golden Fish Fingers (MSC) Choose Salmon or Pollock, Chips & Baked Beans</p>
<p>Tomato & Cheese Pizza Melt Baguette with Wholegrain Pasta & Sweetcorn Salad</p>	<p>Quorn Toad in the Hole with Creamy Mash, Green Beans & Gravy</p>	<p>Quorn Roast with Crispy Roasties, Fresh Veggies & Gravy</p>	<p>Crunchy Topped Macaroni Cheese with Oven Baked Wedges & Broccoli</p>	<p>Baked Beans & Vegetable Fingers Chips</p>
	<p>Hot Tomato Pasta with or without Grated Cheese on top</p>		<p>Hot Tomato Pasta with or without Grated Cheese on top</p>	
<p>Crispy Skin Jacket Potatoes Choice of Tasty Toppings</p>		<p>Crispy Skin Jacket Potatoes Choice of Tasty Toppings</p>		<p>Crispy Skin Jacket Potatoes Choice of Tasty Toppings</p>
<p>Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit</p>				
<p>Flapjack</p>	<p>Chocolate Oat Cake</p>	<p>Vanilla Sprinkle Sponge</p>	<p>Apple Crumble</p>	<p>Shortbread</p>

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY

Choice of salad & Fresh fruit



Week Three