School Swimming at Our Lady of Perpetual Succour

The national curriculum stipulates that all schools must provide swimming instruction as part of the curriculum in either KS1 or KS2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

Here at Our Lady's all children in year's 3 and 4 swim for approximately 24 hours over the two years. Children in year's 5 and 6 who cannot swim 25m will continue to swim for a further 12 hours a year.

All children are taught safe self- rescue techniques within their lessons. Some are taught safe rescue techniques for rescuing others.

All children, from nursery to year 6 are taught the importance of water safety through an assembly and discussions throughout the year.

Year 6 Swimming Data				
	Swim 25m National Average is 77%	Use a range of strokes effectively	Perform safe self -rescue	Other notes
2017-18	29/32	27/32	32	All children listened to an assembly on
	91%	84%	100%	water safety and were taught safe rescue techniques within their lessons.
2018-19	27/31	24/31	31	As above
	87%	75%	100%	
2019-20	Covid year – year 6 did not swim, so no data			
2020-21	26/32	14/32	32	This cohort did not swim in year 5 at all because of covid.
	81%	44%	100%	All children access a water safety assembly.